

MARIA 5 · URBAN

MENÚ SEMANAL MEDIODÍA 26/02-01/03

BABA GHANOUSH

Pan Pita / Veggie Sticks / Zatar

GLUTEN, SÉSAMO, FRUTOS SECOS

o

TEMAKI

Gamba Tempura / Teriyaki / Aguacate

GLUTEN, SOJA, MOLUSCOS, MOSTAZA, APIO

FILETE DE SALMÓN

Gnocchi / Nata / Citronela / Hoja de Lima

GLUTEN, PESCADO, LACTOSA

o

CURRY DE LENTEJA PARDINA (PICANTE)

Tofu / Verdura Salteada / Leche de Coco / Cilantro

SOJA, SÉSAMO

o

HOT BEEF ROLL

Espárrago Tempura / Solomillo Topping / Salsa Hot Beef / Mayonesa de Trufa

SOJA, GLUTEN, SÉSAMO, HUEVO, APIO, MOSTAZA

BROWNIE DE SÉSAMO

Helado de Vainilla / Frutos Rojos

GLUTEN, LACTOSA, SÉSAMO

o

PANNA COTTA

Yogur Griego / Crumble de Lima

GLUTEN, LACTOSA

24,90€

Incluye Agua, Caña, Refresco o Copa de Vino

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WEEKLY LUNCH MENU 26/02-01/03

BABA GHANOUSH

Pita Bread / Veggie Sticks / Zatar

GLUTEN, SESAME, NUTS

or

TEMAKI

Tempura Prawn / Teriyaki / Avocado

GLUTEN, SOY, MOLLUSKS, MUSTARD, CELERY

SALMON FILLET

Gnocchi / Cream / Lemongrass / Lime Leaf

GLUTEN, FISH, LACTOSE

or

PARDINA LENTIL CURRY (SPICY)

Tofu / Stir-Fried Vegetables / Coconut Milk / Cilantro

SOYBEAN, SESAME

or

HOT BEEF ROLL

Asparagus Tempura / Sirloin Topping / Hot Beef Sauce / Truffle Mayonnaise

SOY, GLUTEN, SESAME, EGG, CELERY, MUSTARD

SESAME BROWNIE

Vanilla Ice Cream / Red Fruits

GLUTEN, LACTOSE, SESAME

or

PANNA COTTA

Greek Yogurt / Lime Crumble

GLUTEN, LACTOSE

24,90€

Includes Water, Beer, Soft Drink or Glass of Wine

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WÖCHENTLICHES MITTAGSMENÜ 26/02-01/03

BABA GHANOUSH

Pita Brot / Veggie Sticks / Zatar

GLUTEN, SESAM, SCHALENFRÜCHTE

oder

TEMAKI

Garnelen Tempura / Teriyaki / Avocado

GLUTEN, SOJA, KRUSTENTIERE, SENF, SELLERIE

LACHSFILET

Gnocchi / Sahne / Zitronengrass / Limettenblätter

GLUTEN, FISCH, LAKTOSE

oder

“PARDINA” LINSENCURRY (LEICHT SCHARF)

Tofu / Geschwenktes Gemüse / Kokosmilch / Koriander

SOJA, SESAM

oder

HOT BEEF ROLL

Spargel Tempura / Rinderfilet Topping / Hot Beef Sosse / Trüffelmayo

SOJA, GLUTEN, SESAM, EI, SELLERIE, SENF

SESAMBROWNIE

Vanilleeis / Rote Früchte

GLUTEN, LAKTOSE, SESAM

oder

PANNA COTTA

Griechischer Joghurt / Limettencrumble

GLUTEN, LAKTOSE

24,90€

Wasser, Bier, Erfrischung oder ein Glas Wein Inbegriffen